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- 2 Colonic fermentation of water soluble fiber fraction extracted from Sugarcane (Sacchurum
- 3 officinarum L.) bagasse in murine models.

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#### Abstract

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colon was examined to evaluate its potential health promoting effects. A feeding experiment involving
Fischer 344 rats, was conducted with 3 experimental diets containing, cellulose (CON), a commercial
xylo-oligosaccharide (XYO) and BSF (BGS). Cumulative feed intake was significantly lower in XYO
group while cecal weight was significantly higher. Acetic and propionic acid contents in the cecal

Biochemical effects of the water soluble fiber fraction of sugarcane bagasse (BSF) fermented in the

- 47 content were significantly higher in the BGS and XYO, respectively. Total short chain fatty acid
- 48 content was significantly higher in BGS and XYO resulting significantly lower cecal pH. Beneficial
- 49 bacteria such as Bifidobacterium, Blautia, Akkermansia and Roseburia abundance was significantly
- 50 higher in the XYO and BGS groups. Further, mucin and immunoglobulin-A contents were
- significantly higher in BGS group compared to CON group. Thus, BSF exhibited its ability to enhance
- 52 the intestinal and systemic health upon fermentation in the colon.
- Key words: sugarcane bagasse, xylo-oligosaccharides, short chain fatty acids, *in vivo* colonic
- 55 fermentation, gut microbiota, mucin
- 57 **Chemical compounds studied:** Acetic acid (PubChem CID: 176); Butyric acid (PubChem CID:
- 58 264); Propionic acid (PubChem CID: 1032); Ammonia- nitrogen (PubChem CID: 6857397);
- Cellulose (PubChem CID: 16211032); Xylobiose (PubChem CID: 439538); Xylotriose (PubChem
- 60 CID: 10201852)

# 1. Introduction

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Xylo-oligosaccharides (XOS) are xylose sugar oligomers with a degree of polymerization (DP) varying from 2 to 10 resulted from xylan (DP up to 200) hydrolysis via chemical, enzymatic, combined methods or auto-hydrolysis under high temperature and pressure (Samanta et al., 2015). XOS are considered to be recalcitrant to small intestinal digestion due to the absence of enzymes that cleave  $\beta$ -(1,4)-xylosidic bonds within the human carbohydrate hydrolytic enzyme repertoire, thus reach the colon intact and provide substrates for bacterial fermentation, promoting colonic and systemic health, similar to inulin and fructo-oligosaccharides (Brienzo, Carvalho, de Figueiredo, & Neto, 2016). Daily consumption of XOS has been found to regulate insulin secretion from the pancreas, increase mineral absorption from the large intestine, increase fecal moisture content, regulate bowel function and maintain stool frequency in the normal range, effectively reduce constipation in pregnant women, reduce fecal pH and improve abdominal conditions without complications such as diarrhea and flatulence as in the case of inulin (Aachary & Prapulla, 2011; Samanta et al., 2015). Moreover, substitution of dietary starch and sucrose by XOS has been found to improve hepatic lipid profile and alleviate diabetic, cancerous and stress symptoms (Gobinath, Madhu, Prashant, Srinivasan, & Prapulla, 2010; Samanta et al., 2015). The beneficial physiological effects of XOS intake are linked to the prebiotic properties of XOS, such as increased cecal weight (CW), improved Bifidobacterium and Lactobacillus abundance, altered short chain fatty acid (SCFA) composition, immune stimulation, decreased colonic pH and suppressed production of nitrogenous end products and pro-carcinogenic enzymes (Aachary & Prapulla, 2011; Brienzo et al., 2016; Samanta et al., 2015).

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Bagasse is the main fiber residue of the industrial juice extraction process from sugarcane (Saccharum officinarum L.), mainly comprising of cellulose (40-45%) and hemicellulose (20-25%) that are embedded in a lignin (18-24%) matrix (Gupta & Bhatnagar, 2015). Sugarcane bagasse is identified as a rich source of xylan [L-arabino-(4-O-methyl-D-glucurono)-D-xylan], the dominant hemicellulose type in sugarcane bagasse, which is a promising resource for commercial XOS production (Brienzo et al., 2016). It has been reported that XOS obtained via xylan hydrolysis from alkali pre-treated sugarcane bagasse, are prebiotic (Brienzo et al., 2016; Samanta et al., 2015). Further, many beneficial biological effects related to gastrointestinal health, such as anti-inflammatory, anti-tumor, anti-cancer, anti-microbial effects have been reported for acidic XOS and derivatives containing uronic acid substitutions as in sugarcane bagasse (Aachary & Prapulla, 2011). Despite the reported beneficial biological and physiological effects, incorporation of XOS in human diet is limited, mostly due to the less production and availability (Brienzo et al., 2016). As previously mentioned sugarcane bagasse is a promising resource for XOS production, which might yield XOS of versatile characteristics and benefits, depending on the production methods and processing conditions (Brienzo et al., 2016). In agreement with its higher XOS content, we hypothesized that the water soluble fiber fraction (BSF) obtained from hydrothermal decomposition of sugarcane bagasse could be a promising substrate for gut microbial fermentation, which might improve colonic health by selective stimulation of beneficial bacteria and beneficial metabolite production. Thus, in this study we aimed to characterize the biochemical effects of colonic fermentation of BSF in murine models.

### 2. Materials and Methods

2.1. Preparation of experimental diets

BSF obtained by hydrothermal decomposition (200°C, 1.8 MPa) followed by membrane ultrafiltration (2500 g/mol) was provided by Mitsui Sugar Co. Ltd., (Tokyo, Japan) and commercial XOS (DP: 2-3; 95% purity) preparation was purchased from B Food Science Co. Ltd., (Aichi, Japan). All three experimental diets, cellulose (CON), commercial XOS diet (XYO) and BSF diet (BGS) were prepared according to the AIN-93G diet guidelines (Oriental Yeast Co., Ltd., Tokyo, Japan). Diet composition is provided in the Supplementary Table I. All chemicals used were of analytical grade.

2.2. Animal experimental design, care for laboratory animals and post-mortem excision of organs Eighteen Fischer 344 male rats (7 weeks old; average body weight 125-155 g) were purchased from Charles River Laboratories Japan Inc., (Yokohama, Japan). The rats were acclimatized for one week prior to the experiment on a commercial diet (Standard powder diet for mouse, rat, hamster, Oriental Yeast Co.,) and were grouped into 3 similar body weight groups ( $\approx$  170 g) at the end of the acclimatizing period. Followed by grouping, rats were fed with experimental diets with free access to ad libitum water. Each rat was housed individually, a feeder ( $\approx$  25g) and a drinker ( $\approx$  150 ml) were allocated to each animal, which were replenished every morning at 8 o' clock. The cages were maintained at  $23\pm1^{\circ}$ C temperature and  $60\pm5\%$  relative humidity under a 12 h light/dark cycle. Body weight and feed intake were measured once a week and daily, respectively. After the experimental

period of 4 weeks, the final body weight (FBW) was measured and the animals were sacrificed (Sodium pentobarbital, 40 mg/kg body weight, Abbott Laboratories, Chicago, Illinois, United States). Following the sacrifice cecum was excised. CW, cecal content weight (CCW) and cecal tissue weight (CTW) were measured and a part of the cecal content (~1g) was diluted (×5) in sterilized distilled water for microbial analysis (section 2.3.1), pH measurement (Han et al., 2016) and other analyses (sections 2.4, 2.5, 2.6 and 2.7), while the rest was stored at -30 °C (used in the section 2.3.2). The animal experiment was conducted according to the guidelines of "Guide for the Care and Use of Laboratory Animals" and all the procedures were approved by the Animal Care and Experiment Committee of Obihiro University of Agriculture and Veterinary Medicine (License no: 29-94).

2.3. Rat cecal bacterial population analyses

2.3.1. Viable plate count method for anaerobes and coliform

One milliliter from each diluted cecal content sample was cultured to enumerate specific bacterial counts by viable plate count method with selective media according to the method previously reported by Han et al. (2016). After the specific incubation periods, colonies were visually counted and were expressed in decadic logarithm of colony forming units per milliliter (log<sub>10</sub> CFU/ mL) of the working

volume.

2.3.2. Cecal bacterial DNA extraction, next-generation sequencing (NGS) and the analysis of 16S

ribosomal RNA (16S rRNA) gene sequences

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Bacterial DNA was extracted from the cecal content samples (non-diluted) employing the modified 142 143 phenol-free repeated beads beating plus column (RBB+C) method described by Yu & Morrison (2004). Following the extraction, the genomic DNA was purified via sequential digestions with RNase 144 and proteinase K using QIAamp columns from QIAamp DNA Stool Mini Kit (QIAGEN, Valencia, 145 California, United States). The concentration of extracted community DNA was measured by Nano 146 Drop 2000c spectrophotometer (Thermo Fisher Scientific, Tokyo, Japan) and the concentration was 147 adjusted to 5 ng/µL with Tris-EDTA buffer. 148 V3 and V4 variable regions of 16S rRNA gene were amplified using the following bacterial overhang 149 adapters and universal primers in the first stage polymerase chain reaction (PCR); forward primer (5'-150 TCGTCGGCAGCGTCAGATGTGTATAAGAGACAGCCTACGGGNGGCWGCAG-3') and the reverse 151 primer (5'-GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAGGATTACHVGGGTATCTAATCC-152 3'). In the second stage PCR, Illumina sequencing adapters and dual index barcodes were added to 153 the amplicons using Nextera® XT Index Kit (Illumina Inc., San Diego, California, United States). 154 After quantifying the concentration of the PCR products from the second stage PCR using Quantus<sup>™</sup> 155 fluorometer (QuantiFluor® dsDNA System, Promega, Madison, Wisconsin, United States), the 156 successful PCR products were pooled in one tube with equal volumes and were subjected to paired-157 end sequencing by Illumina MiSeq System (Illumina Inc.,). The preparation of 16S rRNA gene 158 amplicon was done according to the method described in the 16S Metagenomic Sequencing Library 159 Preparation Guide (Part # 15044223 Rev. B). 160

The analysis of retrieved raw 16S rRNA gene sequences was conducted according to the method reported by Warren et al. (2018). The generated biome table was normalised using an equal subsampling size of 13674 sequences. Calculation of distances between bacterial communities in different samples by the weighted UniFrac distance metric and preparation of Principle Coordinate Analysis (PCoA) plot were conducted in QIIME (Lozupone & Knight, 2005). Calypso version 8.72 (Zakrzewski et al., 2017) was used to generate hierarchical clustering plots at phylum, genus and species levels and Least Discriminant Analysis effect size (LEfSe) plots.

2.4. Rat cecal SCFA analysis by high performance liquid chromatography (HPLC)

SCFA content in the cecal digesta of rats were analyzed by HPLC (Shimadzu LC-10AD, Kyoto, Japan). Samples for HPLC were prepared according to the method described in Han et al. (2016) and the analytical specifications were as follows; column, RSpak KC-811 (8.0 mm x 300 mm, Shodex, Tokyo, Japan); eluent and flow rate, 2 mM HClO<sub>4</sub> at 1 mL/min; column temperature, 47 °C; reaction reagent and flow rate, ST3-R (×10 diluted, Cat. No. F56120000, Shodex) at 0.5 mL/min; UV detector wavelength, 450 nm. Quantification of SCFA concentration was performed using the external standard quantitation method (images of chromatograms obtained for CON, XYO and BGS groups are presented in the supplementary figure I). Injection volume was 20 μL. The formula for calculation

was as follows;

 $SCFA\ concentration = \frac{Sample\ peak\ area}{Standard\ peak\ area}*Injected\ standard\ amount$ 

2.5. Determination of cecal ammonia-nitrogen content 181 Ammonia-nitrogen content in the diluted samples of cecal content was analyzed using a commercially 182 183 available kit (Wako Pure Chemical Industry Ltd., Tokyo, Japan) according to manufacturer's instructions. 184 185 2.6. Analysis of physical barrier function of gut by mucin content in rat cecal digesta 186 Mucin in the rat cecal digesta was fractionated according to the method by Bovee-Oudenhoven et al. 187 (1997) and was analyzed by the fluorometric assay procedure described by Crowther and Wetmore 188 (1987).189 190 2.7. Analysis of immunological barrier function in rat cecal digesta by Immunoglobulin A (IgA) 191 content 192 IgA content was analyzed by ELISA quantitative kit for Rat IgA provided by Bethyl Laboratories Inc. 193 (Texas, United States) as per the manufacturer's instructions. 194 195 196 2.8. Statistical analysis All data except the microbial community data were analyzed for their significance (p<0.05) by 197 analysis of variance (ANOVA) using SPSS statistical software version 17.0 (IBM Co., Armonk, New 198 York, United States). When significant differences among the test groups were revealed, mean scores 199 were compared by Tukey's test (p<0.05). Statistical significance of Shannon's diversity (H) index 200

was determined by Dunn's Multiple comparisons test (post hoc Kruskal-Wallis H test) in Prism version 7.0a (GraphPad Software, La Jolla, California, United States). Relative abundance and statistical significance of phyla, genera and species among the 3 diet groups were compared using Kruskal-Wallis H test in Calypso (version 8.72). A *p* value less than 0.05 was considered as statistically significant.

### 3. Results & Discussion

3.1. Effects of XYO, BGS and CON diets on cumulative feed intake (FI), body weight and cecal parameters

As presented in Table 1, FI at the end of the experimental period was significantly different (p<0.05) between CON and XYO, where CON and XYO reported the highest and lowest intakes, respectively. FBW and body weight gain (BWG) were not significantly different among the diet groups, a trend which has been similarly reported in previous studies also (Hsu, Liao, Chung, Hsieh, & Chan, 2004). CW, CTW and CCW followed a similar trend among the three diet groups (Table 1). Both CW and CTW were significantly higher (p<0.05) in the XYO group, which can be attributed to the prominent microbial fermentation that took place in the ceca of XYO fed animals (Montagne, Pluske, & Hampson, 2003). Cecal pH, which was significantly lower (p<0.05) in XYO and BGS groups compared to the CON group, also provided evidence for colonic fermentation, despite the similar CW,

CTW and CCW of BGS group to that of the CON group (Aachary & Prapulla, 2011; Fukuda et al., 2011; Hsu et al., 2004). Increased total weight of cecum has been previously observed upon XOS intake, followed by the increased abundance of beneficial gut microbiota (discussed in sections 3.3-3.6) and acidification of colonic environment, similar to the observations in the present study (Samanta et al., 2015). The higher CW and CTW can be attributed to the trophic effect of SCFA production in the cecum, especially butyric acid and subsequently acetic acid, where cecal wall cell density would be increased by the enhanced normalized colonic epithelial cell proliferation, which would subsequently decrease mucosal atrophy (Hsu et al., 2004; Montagne et al., 2003). BGS diet was formulated with 5% w/w BSF, which contained 51% oligosaccharides (dry weight basis) in the carbohydrate fraction. The hydrothemal treatment employed in this study for treating the ligno-cellulosic material in sugarcane bagasse, is known to yield mainly soluble oligosaccharides, which might explain the higher oligosaccharide fraction in BSF (Aachary & Prapulla, 2011). XYO diet also contained a 5% w/w commercial XOS preparation (95% purity) which was composed of xylobiose and xylotriose. XOS are linked together by  $\beta$ -(1,4)-xylosidic linkages that cannot be hydrolyzed in the small intestine, which get transferred to the colon (Aachary & Prapulla, 2011; Brienzo et al., 2016). Thus, both XYO and BGS diets might have provided favorable substrates for cecal microbial fermentation which was manifested by the above observations for cecal parameters (Hsu et al., 2004).

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Among the major individual SCFAs, acetic acid was produced in the highest proportion in all diet groups (Table 1). It was produced significantly (p<0.05) abundantly in BGS fed animals followed by XYO, which was similar to a previous study, where acetic acid content was markedly higher even than that of inulin and  $\beta$ -glucan, upon continuous intake of XOS (Aachary & Prapulla, 2011; Carlson, Erickson, Hess, Gould, & Slavin, 2017). Branched XOS sources, with different types of branch chains such as arabinofuranosyl residues or 4-O-methyl derivatives of α-D-glucopyranosyl uronic acid groups as in the case of sugarcane bagasse xylan, possess different biological properties compared to their linear counterparts, which might explain the different fermentation capacities of the two XOS sources in this study (Aachary & Prapulla, 2011). Acetic acid is found to be metabolized by muscle tissue, kidney, heart and brain upon absorption into the blood stream (Madhukumar & Muralikrishna, 2012). Propionic acid content in the cecal digesta of XYO fed rats was significantly higher (p<0.05) compared to CON fed rats, while it was similar to that of the BGS fed rats (Table 1). Significantly lower FI in the XYO group can be attributed to the higher propionic acid content, while the propionic acid contents and FI in BGS and CON groups also exhibited a similar trend. Propionic acid is known for its ability to improve satiety and reduce feed intake (Carlson et al., 2017; Ottman, Geerlings, Aalvink, de Vos, & Belzer, 2017). Propionic acid production by XOS fermentation has been reported to be significantly lower compared to the other prebiotic substrates such as inulin and  $\beta$ -glucan, similar to the present study, where propionic acid content was 6 and 12 folds lesser compared to the specific acetic acid contents in the XYO and BGS diets, respectively (Carlson et al., 2017). Further,

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it has been previously reported that the main products of linear and branched XOS fermentation to be acetic acid and lactic acid (Aachary & Prapulla, 2011; Abbeele et al., 2011).

Butyric acid content was similar between XYO and BGS groups, both of which were significantly higher (p<0.05) than that of the CON group (Table 1). Butyric acid contents in the cecal digesta of rats fed XYO and BGS were almost 3 folds higher than that of the CON fed animals, which reflected the presence of butyrogenic substrates in the XYO and BGS diets (Giuberti, Gallo, Moschini, & Masoero, 2013; O'Callaghan & van Sinderen, 2016). Butyric acid is known for its versatile beneficial effects such as anti-cancer and anti-inflammatory activities by influencing healthy colonocyte proliferation and enhancing gut barrier function by decreasing bacterial translocation (Thursby & Juge, 2017).

Total SCFA content followed the same trend as the acetic acid content, where significantly higher (p<0.05) content of acetic acid might have contributed to the significant increment in the total SCFA content in BGS fed rats, in comparison to the other two diet groups (Table 1). Both XYO and BGS fed rat cecal digesta had significantly higher (p<0.05) total SCFA content which was similar to a previous study where the highest total SCFA production was obtained from XOS fermentation, among a variable array of oligosaccharides (Aachary & Prapulla, 2011). The higher SCFA content in BGS and XYO groups can be attributed to the recalcitrant nature of XOS to the vertebrate digestive enzymes, which facilitates their passage into colon without any compromise in the structural integrity and the subsequent fermentation processes by the resident gut microbiota, which yield SCFAs as the

end products Samanta et al. (2015). Significantly lower cecal pH in XYO and BGS groups also can be ascribed to the significantly higher total SCFA contents compared to the CON group, a beneficial health effect of XOS intake (Fukuda et al., 2011; Vazquez-Gutierrez, de Wouters, Werder, Chassard, & Lacroix, 2016). And due to the established correlations between colonic pH and abundance of pathogenic and beneficial bacteria, reduction in cecal pH can be used as a marker of prebiotic effects of XOS fermentation in XYO and BGS groups (Madhukumar & Muralikrishna, 2012). Thus, as hypothesized beneficial metabolites were produced significantly abundantly in BGS fed rats, as well as in XYO fed rats due to XOS fermentation.

3.3. XYO and BGS groups were different in cecal microbial diversity and possessed different characteristic microbial genera

Mammalian colon is considered to be almost devoid of oxygen, and thus the microbial community reside in the colon is considered to be predominantly anaerobic and/or a smaller percentage of facultative anaerobes (Thursby & Juge, 2017). Similarly, both XYO and BGS favored the growth and proliferation of anaerobes significantly (p<0.05) in the cecum compared to the CON group (Fig. 1-a). The higher abundance of anaerobes in the cecal digesta of XYO and BGS might have implicated their ability to feed and maintain a healthy gut microbial community (Vieira, Teixeira, & Martins, 2013). Interestingly, in the present study, coliform count was significantly higher (p<0.05) in the XYO group, irrespective of its significantly lower cecal pH compared to the CON group (Fig. 1-b). In contrast, coliform count in the BGS group was significantly lower (p<0.05) in agreement with the substantially

higher total SCFA content and significantly lower cecal pH. It has been reported that the enzymes expressed by *Escherichia coli* are capable of degrading XOS derived from xylan, and thus the higher coliform abundance in the XYO group might implicate the availability of degradable XOS by coliforms (Aachary & Prapulla, 2011). Moreover, a previous study by Vazquez-Gutierrez et al. (2016) also had reported that *E. coli* was not affected by the incubation at low pH and high organic acid concentrations produced by bifidobacteria strains in *in vitro* co-cultures.

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Metagenomic analysis of bacterial community DNA in the cecal digesta showed distinct differences in the microbial diversity among the test groups. As presented in Fig. 2-a, according to the values obtained for H index, CON group possessed a significantly higher diversity, which was followed by the BGS group and lastly the XYO group. Evenness  $(H_E)$  also followed the same trend, where a higher evenness of species diversity was observed in both CON and BGS groups compared to the XYO group (data not shown). Thus, α-diversity indices of microbial community suggested that the microbial communities observed in XYO and BGS groups were diverse in terms of the relative abundance and the homogeneity of the observed species. PCoA plot for the β-diversity of the microbial community data also revealed the presence of significantly distinct microbial community structures among the diet groups, while the individual animals within each group exhibited similar gut microbial community structures as reflected by the clear clustering based on the type of the test diet (Fig. 2-b). Differences in the microbial diversity between XYO and BGS groups might reflect the differences in the type and availability of the fermentable substrates and the selective fermentation characteristics of the gut microbiota (Vieira et al., 2013). Linear and low molecular weight (282-414 g/mol) XOS in the XYO diet and high molecular weight (≥2500 g/mol) branched XOS in the BGS diet might have selectively influenced the members of colonic microbiota in different degrees (Aachary & Prapulla, 2011). It is a well-established fact that the DP or molecular weight and the chain structure (linear or branched) affect the fermentability of XOS, as they determine the selectivity of microbial degraders (Aachary & Prapulla, 2011). As shown in Fig. 3-a, among the three diet groups, Firmicutes accounted for the most abundant microbial phylum (Chen, Liu, Ling, Tong, & Xiang, 2012). Abundance of Firmicutes in BGS and XYO groups was significantly lower (p<0.01) compared to the CON (Fig. 3-b), which might have assigned Firmicutes as the signature phylum of the CON group (Fig. 3-c). Among the other major phyla, Actinobacteria, Proteobacteria and Verrucomicrobia accounted for the signature phyla of the XYO group. Albeit, BGS group did not inherit any signature phylum, significantly higher abundance of Actinobacteria (p<0.01), Proteobacteria (p<0.01) and Verrucomicrobia (p<0.05) compared to the CON group, was observed (Fig. 3-b). Phylum Bacteroidetes was not significantly different among the three diet groups. Analysis of bacterial community data revealed, 36 core bacterial species in all groups, 2 common species in XYO and BGS, 5 unique species in CON and 1 in BGS (data not shown). In CON group, Ruminococcus flavefaciens, Coprococcus eutactus and Clostridium perfringens, in XYO

Bifidobacterium pseudolongum and Akkermansia muciniphila and in BGS Roseburia faecis and

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Blautia producta were among the characteristic species (Supplementary Figure II). As shown in Fig. 4, Bifidobacterium adolescentis (p<0.01), B. pseudolongum (p<0.01), unclassified Bifidobacterium (p<0.01), unclassified Blautia (p<0.01) were significantly higher in abundance in the XYO group compared to BGS, while the abundance of B. producta (p<0.01) and R. faecis (p<0.01) was significantly higher in the BGS group compared to XYO, apart from several other unclassified species presented in the supplementary figure III.

3.4. Bifidobacteria abundance manifested the linear and non-substituted XOS fermentation in the rat

pseudolongum and B. adolescentis.

Among the diverse gut microbial members, bifidobacterial strains are proposed to inherit a strong affinity to ferment oligosaccharides and known to be the most efficient xylose based oligo and polysaccharide fermenters (Carlson et al., 2017; Madhukumar & Muralikrishna, 2012). The abundance of bifidobacteria in the gastrointestinal tract is known to positively correlated with decreased blood lipopolysaccharides and inflammatory reagents and negatively correlated with obesity and weight gain suggesting its importance as a marker of healthy gut (Carlson et al., 2017). XOS and its derivatives have been confirmed in various *in vivo* and *in vitro* studies, for their bifidogenic nature, similar to the observations in the XYO group in this study (Gobinath et al., 2010; O'Callaghan & van Sinderen, 2016). In the current study, two bifidobacterial strains were characterized along with an unclassified *Bifidobacterium* fraction (Fig. 4-a, b, c), namely, *B*.

B. pseudolongum, one of the dominant species found in animals, is considered to be able to metabolize the xylan backbone of arabinoxylooligosaccharides (AXOS) up until xylotetraose moiety and its ability to utilize substitutions on xylan backbone is considered to be limited (O'Callaghan & van Sinderen, 2016). On the other hand, some strains of B. adolescentis abundantly found in the human gut, are considered to be unable to utilize either substitutions or xylan backbone of AXOS, but able to utilize xylose and arabinose monomers, while certain other strains are known to possess similar capabilities as B. pseudolongum (O'Callaghan & van Sinderen, 2016). Thus, xylobiose and xylotriose being the solo fermentable substrates in the XYO diet, B. adolescentis might not have been presented with a niche advantage which was justified by its lower abundance. In the BGS group also, the key bifidobacterial strain was B. pseudolongum, but the abundance was significantly very low compared to the XYO group (Fig. 4-a), which might have been due to its limited capacity to utilize substitutions on xylan backbone as previously mentioned (O'Callaghan & van Sinderen, 2016). Further, all currently characterized bifidobacterial arabinoxylan (AX) degrading enzymes are predicted to be intracellular, which suggested the fact that these bifidobacterial strains rely on the other members of the gut microbiota for fermentative substrates, who are encoded for extracellular hydrolytic enzymes (O'Callaghan & van Sinderen, 2016). This could be another reason behind the lower abundance of bifidobacteria in BGS fed animals over XYO fed animals. Above mentioned limitations in bifidobacteria might have resulted the higher selectivity between linear and branched structures as fermentative substrates in this study, where they were found to prefer low substituted linear structures (Aachary & Prapulla, 2011).

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3.5. Specialist mucin degrader abundance and mucin contents were improved in XYO and BGS
groups

A. muciniphila is a specialist mucin degrader in the gut and considered as a marker of the salubrious

A. muciniphila is a specialist mucin degrader in the gut and considered as a marker of the salubrious status of host health, as it is found to negatively correlate with inflammatory bowel disease, appendicitis, obesity, autism, atopy and diabetes (Belzer & De Vos, 2012; Ottman et al., 2017). It constitutes 1-4% of total gut microbial population in a healthy subject (Ottman et al., 2017), which was similar to the findings of the present study and its abundance was significantly (*p*<0.05) higher in BGS and XYO diet groups compared to CON (Fig. 4-d). Several previous studies also have reported that the abundance of *A. miciniphila* was stimulated by feeding AXs to rats (Abbeele et al., 2011; Belzer & De Vos, 2012; Rivière, Selak, Lantin, Leroy, & De Vuyst, 2016).

A. muciniphila uses mucin as the only carbon and nitrogen substrate for its metabolism, gaining a competitive advantage in the gut in niche utilization, even at times of adversity, such as fasting, malnutrition or total parenteral nutrition (Belzer & De Vos, 2012). A. muciniphila is known to produce oligosaccharides and SCFAs, specifically, acetate and propionate via mucin degradation, within the mucus layer which is easily available for the host cells (Belzer & De Vos, 2012; Tailford, Crost, Kavanaugh, & Juge, 2015). Thus, significantly very high acetic acid contents in the BGS and XYO groups and propionic acid content in the XYO group might suggest the fact that A. muciniphila might have contributed significantly to the acetic and propionic acid contents by mucin degradation (Belzer & De Vos, 2012). Further, SCFAs and oligosaccharides produced by A. muciniphila, are known to

stimulate other microbial members who are closely associated with the mucus layer, such as 397 Roseburia spp. (Abbeele et al., 2011; Belzer & De Vos, 2012). 398 399 Mucus is a protective bilayer which shields the intestinal epithelia from physical, chemical and biological hazards along the gastrointestinal tract (Montagne et al., 2003; Tailford et al., 2015). Mucin 400 is a polymeric glycoprotein secreted from the goblet cells in the intestinal epithelium and the major 401 structural component of mucus (Tailford et al., 2015). Mucin content in the cecal digesta of the BGS 402 group was significantly higher (p<0.05) than the CON group and similar to that of the XYO group 403 (Fig. 5-a). Abundance of A. muciniphila could have been a major reason for the higher mucin contents 404 in XYO and BGS groups, as it was suggested to influence the secretion of mucin from goblet cells, 405 as a part of the normal turn-over process (Tailford et al., 2015). It might have facilitated the 406 maintenance of a healthy mucus layer which was frequently refreshed (Belzer & De Vos, 2012). 407 Mucus lining is in a dynamic equilibrium between the erosion (physical, chemical and enzymatic) on 408 409 the luminal side and the synthesis and secretion by the goblet cells in the epithelium (Montagne et al., 2003). The relationship between the dietary fiber ingestion and the increment of mucin in the intestine 410 is considered as a result of the erosion driven recovery process of mucus, caused by the physical 411 abrasion, either by insoluble dietary fiber or swollen soluble fiber (Montagne et al., 2003). Thus, the 412 highest mucin content with a similar abundance of A. muciniphila in the BGS group compared to the 413 XYO group, can be attributed to the differences in the physicochemical properties of the two XOS 414 sources in XYO and BGS diets (Montagne et al., 2003). For example, AXOS in BGS inherit a higher 415 inherent viscosity due to their higher molecular weight (≥2500 g/mol) and are able to improve digesta 416 21

viscosity due to both the higher molecular weight and the branched nature, which in turn causing a considerable mechanical irritation compared to small XOS (molecular weight 280-415 g/mol) in XYO (Charmet, Guillon, & Ame, 2007; Montagne et al., 2003).

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3.6. BGS diet favored the abundance of the Clostridium cluster XIVa members in rat cecum Another significantly abundant bacterial group in the cecal digesta of XYO and BGS fed animals was genus Blautia (Fig. 4-e, f). Genus Blautia belongs to the family Lachnospiraceae, one of the major bacterial groups found in the human gut microbiota, who are capable of degrading complex polysaccharides into SCFAs (Eren et al., 2015). Furthermore, these bacteria are placed within the Clostridium coccoides group, which is also referred to as Clostridium cluster XIVa, or otherwise known as a butyrate producing cluster (Bajaj et al., 2012). Yet it has been reported that *Blautia* does not produce butyrate, which was further backed by the similar butyric acid contents in XYO and BGS groups despite the higher abundance of B. producta in the BGS group (Eren et al., 2015). Genus Blautia is found to be an autochthonous genera associated with mucosa and considered to be a marker of healthy gut (Bajaj et al., 2012). In a study involving diabetic and normal Japanese subjects, genus Blautia was found to be negatively correlated with the prevalence of type 2 diabetes, hemoglobin A<sub>1C</sub> and fasting plasma glucose levels (Inoue et al., 2017). And also Blautia abundance was found to be significantly lower in cancerous tissue compared to the healthy lumen, in patients with colorectal cancers (Chen et al., 2012). It has been reported that the major end products of carbohydrate metabolism by genus Blautia are acetate, lactate and succinate apart from hydrogen and ethanol and

known to be an acetogenic bacteria (Liu, Finegold, Song, & Lawson, 2008). Further, as implicated by 437 the LEfSe plot (Supplementary Figure II), B. producta, one of the principle feature microorganisms 438 439 in the BGS group, could most likely be the reason behind the observed abundantly higher acetic acid content in the BGS group (Chen et al., 2012). 440 Roseburia spp. another member of the Clostridium cluster XIVa, is a prominent butyrate producer in 441 the colon (Louis & Flint, 2009). Members of genus Roseburia are famously known to degrade non-442 digestible carbohydrates such as resistant starch and oligosaccharides such as inulin type fructans, 443 xylans, AXs and fucose (Louis & Flint, 2009). R. faecis found in higher abundance in the BGS group, 444 is known to breakdown complex polysaccharides and predominantly produce butyrate. Significantly 445 higher (p<0.05) abundance of R. faecis (Fig. 4-g) in the cecal digesta of BGS fed rats suggested the 446 fact that BGS might have contained favorable butyrogenic substrates in comparison to the CON and 447 XOS (Abbeele et al., 2011; Rivière et al., 2016; Hatziioanou, Mayer, Duncan, Flint, & Narbad, 2013). 448 A previous study has reported that the members of genus Roseburia are considerably specialized in 449 carbohydrate utilization abilities, where R. faecis was identified as a type 1 arabinogalactan utilizer 450 and R. intestinalis as a specialized plant cell wall material degrader (Sheridan et al., 2016). The present 451 study sheds light to the fact that R. faecis also might possess ability to utilize plant cell wall materials 452 such as AXs, as implicated by its significantly very high abundance in the BGS group. Reasons for 453 the similar butyric acid contents in the XYO and BGS groups, despite the significantly higher 454 abundance of R. faecis in the BGS group were not clear. Yet, it could be due to the rapid uptake by 455 the host cells, driven by the increased the bioavailability of butyric acid in the mucosal layers, as the 456

members of genus *Roseburia* are known to colonize the mucus layer and govern mucosal butyric acid production (Abbeele et al., 2011; Rivière et al., 2016).

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3.7. Ammonia-nitrogen in XYO and BGS fed rats was derived from different origins

Ammonia-nitrogen content was similar in both CON and BGS groups while it was significantly higher (p<0.05) in the XYO group compared to the BGS group (Fig. 5-b). Ammonia in the large intestine has two origins, either from hydrolysis of urea by ureases (gut microbial ureases and mucosal ureases) or deamination of undigested protein and other nitrogenous substances by the gut microbiota (Vince, Dawson, Park, & O'Grady, 1973). Among the members of gut microbiota, members of *Bacteroides*, Bifidobacterium, Clostridia, Proteus and Klebsiella are well known to possess urease expression while one of the dominant gram negative aerobic bacilli, E. coli is known to produce ammonia by deamination of substances other than urea and considered as one of the most active ammonia producers in the gut (Vince et al., 1973). It has been previously suggested that the depressive effect on ammonia production by pH reduction in the colon, upon introduction of a fermentable dietary fiber depends on the existing dominant origin of ammonia, either urea hydrolysis or deamination of porteinous substances, where the greatest effect was found to be on the former (Vince et al., 1973). Thus, it was suggested that, in XYO diet fed rats, the main source of ammonia could have been the deamination of porteinous substances, as implicated by its higher ammonia-nitrogen content and coliform abundance, despite the significantly lower cecal pH and higher *Bifidobacterium* abundance.

Generally, XOS consumption has been reported to reduce the concentration of putrefactive substances as a repercussion of the bifidogenic activity associated with the reduction of putrefactive enzymes, which was in contrast to the observations in the XYO group, where the ammonia-nitrogen content and the abundance of bifidobateria were both significantly higher (Samanta et al., 2015). Vazquez-Gutierrez et al. (2016) also had reported that E. coli was not affected by the incubation at low pH and high organic acid concentrations produced by bifidobacteria strains in in vitro co-cultures, which might explain the observations in the XYO group. Moreover, it has been previously reported that the ammonia production in the colon was suppressed by XOS fermentation by inhibiting the enteric colonization of ammonia producing anaerobes such as Bacteroides, whose abundance also was not significantly different among the three diet groups (Supplementary Figure III-b) in the present study (Aachary & Prapulla, 2011). Significantly lower ammonia-nitrogen content and lower coliform abundance in BGS compared to XYO, suggested that the main origin of ammonia in the BGS group could have been urea hydrolysis (Vince et al., 1973). Above fact was further backed by the lower abundance of C. perfringens in the BGS group (Fig. 4-h), a prominent ammonia producer via urea hydrolysis in gut, whose growth might have been restricted by the lower cecal pH as a result of AXOS fermentation (Montagne et al., 2003; Vince et al., 1973).

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- 3.8. BGS and XYO fed rats showcased an improved immunological barrier function
- Another important component of the gut barrier function that defines the structure of gut microbiota,

is the host secretory immune system which limits the opportunistic invasion by the pathogenic members of the gut microbiota, in which IgA is a key player (Thursby & Juge, 2017). IgA content was significantly higher (p<0.05) in the XYO group followed by BGS, both of which had significantly higher (p<0.05) IgA contents than the CON group (Fig. 5-c). IgA is the most abundant antibody isotype in the mucosal secretions, specialized in mucosal protection (immunological factor) which involves in limiting the translocation and exposure of inherently and/or opportunistically pathogenic bacteria to the intestinal epithelium (Gutzeit, C., Magri, G. and Cerutii, 2014; Thursby & Juge, 2017). It has been reported that the prebiotics maintain immune homeostasis and improve gut barrier function by influencing the production and secretion of immunoglobulins such as IgA, justifying the observations of this study (O'Flaherty, Saulnier, Pot, & Versalovic, 2010; Thursby & Juge, 2017; Vieira et al., 2013). Protective functions of IgA encompass the maintenance of non-invasive commensals and neutralization of invasive pathogens, which was similarly observed in BGS group for the abundance of Bifidobacterium, coliform and C. perfringens compared to CON (Gutzeit, C., Magri, G. and Cerutii, 2014). But, despite the higher abundance of bifidobacteria in the XYO group, coliform abundance was in discrepancy with the immune function of IgA. Further, the mechanisms of the immune homeostasis of prebiotics are attributed to the immunomodulatory effects of the effector molecules produced by the beneficial bacteria, such as SCFAs, as observed in both XYO and BGS groups (O'Flaherty et al., 2010). Gut microbial members are well-known for their various immunomodulatory mechanisms, such as competition for niches, induction of antimicrobial peptide secretion from intestinal epithelial cells, regulation of differentiation and proliferation of epithelial

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cells, modulation of mucus production and induction of IgA production, which can be related to the observed microbial species in XYO and BGS groups such as, *Bifidobacterium*, *Blautia*, *R. faecis* and *A. muciniphila* (O'Flaherty et al., 2010; Vieira et al., 2013).

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### 4. Conclusions

The present study revealed potentials of BSF as a promising prebiotic candidate. Significantly higher total SCFA, acetic acid contents and significantly lower ammonia-nitrogen content, similar cecal pH and butyric acid content compared to the XYO group suggested its superiority over xylobiose and xylotriose, well-characterized prebiotic substrates. Moreover, significantly higher mucin and IgA contents in the BGS group reflected its protective gut physical and immunological barrier functions compared to XYO and CON, respectively. Bacterial structure was clearly different between the XYO and BGS groups as reflected by the differences in microbial relative abundances, where the BGS group exhibited a higher diversity and richness compared to XYO group. BSF fermentation in the BGS group clearly influenced different groups of microbiota, for example B. producta, R. faecis, in contrast to the Bifidobacterium species in XYO group. Thus, the upregulated metabolic pathways could have been different between the two substrates. Future studies are recommended to characterize the underlying metabolic pathways responsible for the unique differences observed between the two XOS substrates used in this study.

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9. Figure captions

**Figure 1.** (a) Anaerobic and (b) Coliform counts in the rat cecal digesta.

Values presented are mean  $\pm$  SE. a, b stand for significant differences at (p<0.05) as determined by Tukey's

test. Abbreviations: CON: control diet; XYO: commercial xylo-oligosaccharide (XOS) diet; BGS: sugarcane

bagasse soluble fiber (BSF) diet.

Figure 2. (a) Boxplot of Shannon's diversity (H) index and (b) PCoA plot for the β-diversity of the microbial
 community data.
 The red line within each box depict the average value of H index in (a). (\*\*p<0.001). Abbreviations: CON:</li>
 control diet; XYO: commercial xylo-oligosaccharide (XOS) diet; BGS: sugarcane bagasse soluble fiber (BSF)
 diet.

**Figure 3.** (a) Unclustered bar chart for microbial composition in each diet group at phylum level (b) Rank test bar chart for relative abundance of microbial taxa at phylum level (c) Linear discriminant analysis (LDA) effect size (LEfSe) plot at phylum level. Statistical significance was determined by Calypso (version 8.72) (\*p<0.05; \*\*p<0.01). Abbreviations: CON: control diet; XYO: commercial xylo-oligosaccharide (XOS) diet; BGS: sugarcane bagasse soluble fiber (BSF) diet.

Figure 4. Rank test bar charts for the relative abundance of selected microbial species in the rat cecal digesta. Relative abundances of (a) *B. pseudolongum* (b) *B. adolescentis* (c) unclassified *Bifidobacterium* (d) *A. muciniphila* (e) *B. producta* (f) unclassified *Blautia* (g) *R. faecis* and (h) *C. perfringens* in the three diet groups are presented here. Statistical significance was determined by Calypso (version 8.72) (\*p<0.05; \*\*p<0.01). Abbreviations: CON: control diet; XYO: commercial xylo-oligosaccharide (XOS) diet; BGS: sugarcane bagasse soluble fiber (BSF) diet.

Figure 5. (a) Mucin content, (b) Ammonia-nitrogen content and (c) IgA content in the rat cecal digesta.

Values presented are mean  $\pm$  SE. a, b and c stand for significant differences at (p<0.05) as determined by Tukey's test. Abbreviations: CON: control diet; XYO: commercial xylo-oligosaccharide (XOS) diet; BGS: sugarcane bagasse soluble fiber (BSF) diet.

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- **Supplementary Figure I.** HPLC chromatograms of the SCFA profiles of cecal digesta.
- 701 (a) Standard curve (b) control diet (CON) (c) commercial xylo-oligosaccharide (XOS) diet (XYO) and (d)
- sugarcane bagasse soluble fiber (BSF) diet (BGS)
- Abbreviations: AU; area under the curve, P1, P2 and P3; peaks 1, 2 and 3.
- 704 P1; acetic acid, P2; propionic acid, P3; butyric acid

705

- **Supplementary Figure II.** Linear discriminant analysis (LDA) effect size (LEfSe) plot at species level.
- 707 Abbreviations: CON: control diet; XYO: commercial xylo-oligosaccharide (XOS) diet; BGS: sugarcane
- 708 bagasse soluble fiber (BSF) diet.

709

- Supplementary Figure III. Rank test bar charts for the relative abundance of selected microbial genera in the
- 711 rat cecal digesta.
- 712 Relative abundance of (a) Clostridium (b) Bacteroides (c) unclassified Holdemania (d) unclassified Sutterella
- 713 (e) unclassified Erysipelotrichaceae (f) unclassified Coriobacteriaceae (g) unclassified Adlercreutzia and (h)
- unclassified Enterobacteriaceae in the three diet groups are presented here. Statistical significance was

- 715 determined by Calypso (version 8.72) (\*p<0.05; \*\*p<0.01). Abbreviations: CON: control diet; XYO:
- 716 commercial xylo-oligosaccharide (XOS) diet; BGS: sugarcane bagasse soluble fiber (BSF) diet.

**Table 1**Cumulative feed intake, body weight gain, final body weight, cecal parameters and short chain fatty acid (SCFA) contents of the rats fed CON, XYO and BGS diets for 28 days.

Parameter	CON				XYO					BGS			
FI (g/28 days)	379.00	±	7.61	a	351.00	±	4.61	b	363.00	±	5.16	ab	
BWG (g/28 days)	68.20	$\pm$	3.77	ns	60.30	$\pm$	2.31	ns	61.00	$\pm$	2.93	ns	
FBW (g)	237.81	$\pm$	4.16	ns	230.14	$\pm$	2.99	ns	231.11	$\pm$	2.73	ns	
CW (g)	3.40	$\pm$	0.38	b	4.53	$\pm$	0.23	a	4.23	$\pm$	0.23	ab	
CCW (g)	2.81	$\pm$	0.30	ns	3.68	$\pm$	0.22	ns	3.49	$\pm$	0.21	ns	
CTW (g)	0.59	$\pm$	0.09	b	0.85	$\pm$	0.03	a	0.74	$\pm$	0.05	ab	
pН	7.69	$\pm$	0.06	a	6.66	$\pm$	0.08	b	6.58	$\pm$	0.07	b	
Acetic acid (µmol/CC)	228.60	$\pm$	21.15	c	387.20	$\pm$	36.00	b	625.40	$\pm$	61.77	a	
Propionic acid (µmol/CC)	30.40	$\pm$	2.48	b	56.90	$\pm$	8.10	a	47.10	$\pm$	5.47	ab	
Butyric acid (µmol/CC)	10.90	$\pm$	1.92	b	30.40	$\pm$	2.98	a	33.40	$\pm$	4.01	a	
Total SCFA (µmol/CC)	269.82	$\pm$	24.80	c	474.40	$\pm$	42.71	b	705.91	$\pm$	69.10	a	

Abbrev: CON, control diet; XYO, commercial xylo-oligosaccharide (XOS) diet; BGS, sugarcane bagasse soluble fiber (BSF diet); FI, cumulative feed intake; BWG, body weight gain; FBW, final body weight; CW, cecal weight; CCW, cecal content weight; CTW, cecal tissue weight; CC (within parenthesis), cecal content; ns, not significant

Values presented are mean $\pm$ SE (n=6); values followed by different lowercase letters are significantly (p<0.05) different.

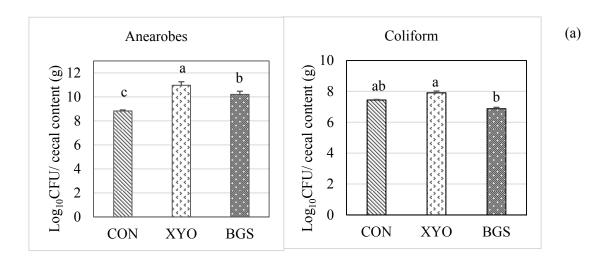


Fig. 1. (a) Anaerobic and (b) Coliform counts in the rat cecal digesta. Values presented are mean Å} SE. a, b stand for significant differences at (p < 0.05) as determined by Tukey's test. Abbreviations: CON, control diet; XYO, commercial xylo-oligosaccharide (XOS) diet; BGS, sugarcane bagasse soluble fiber (BSF) diet.

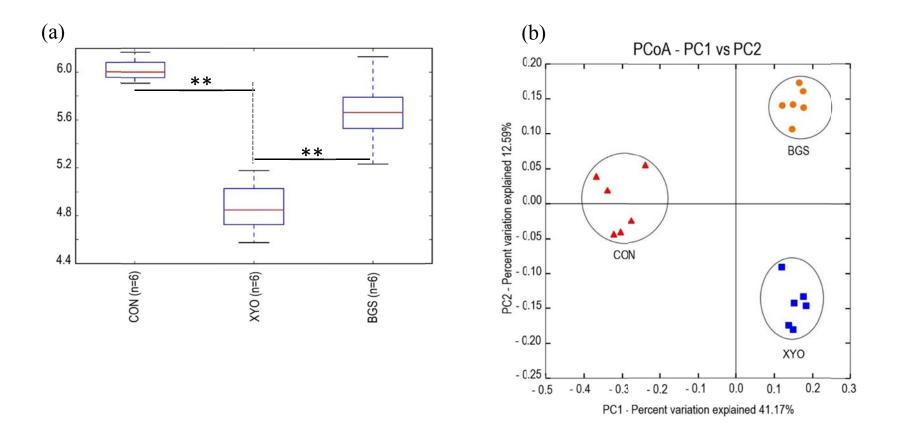


Fig. 2. (a) Boxplot of Shannon's diversity (H) index and (b) PCoA plot for the  $\beta$ -diversity of the microbial community data. The red line in each box depict the average value of H index in (a). Statistical significance was determined by Dunn's multiple comparisons test (post hoc Kruskal-Wallis H test) in Prism (version 7.0a) (\*\*p < 0.01).  $\beta$ -diversity was determined by the weighted UniFrac distance metric in QIIME. Abbreviations: CON, control diet; XYO, commercial xylo-oligosaccharide (XOS) diet; BGS, sugarcane bagasse soluble fiber (BSF) diet.

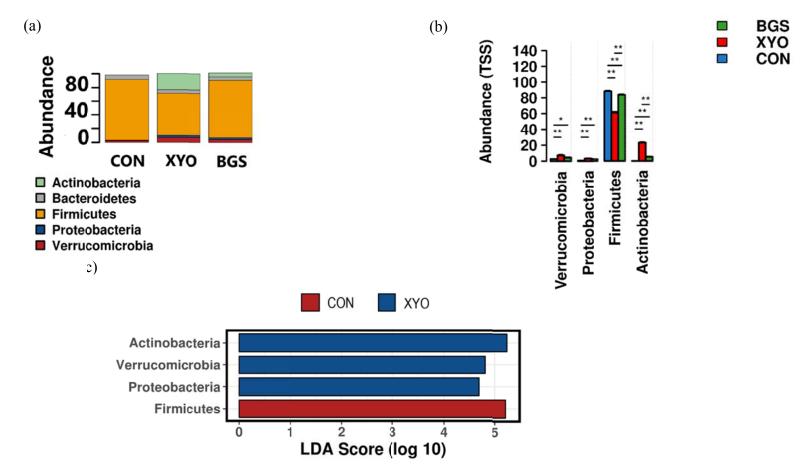
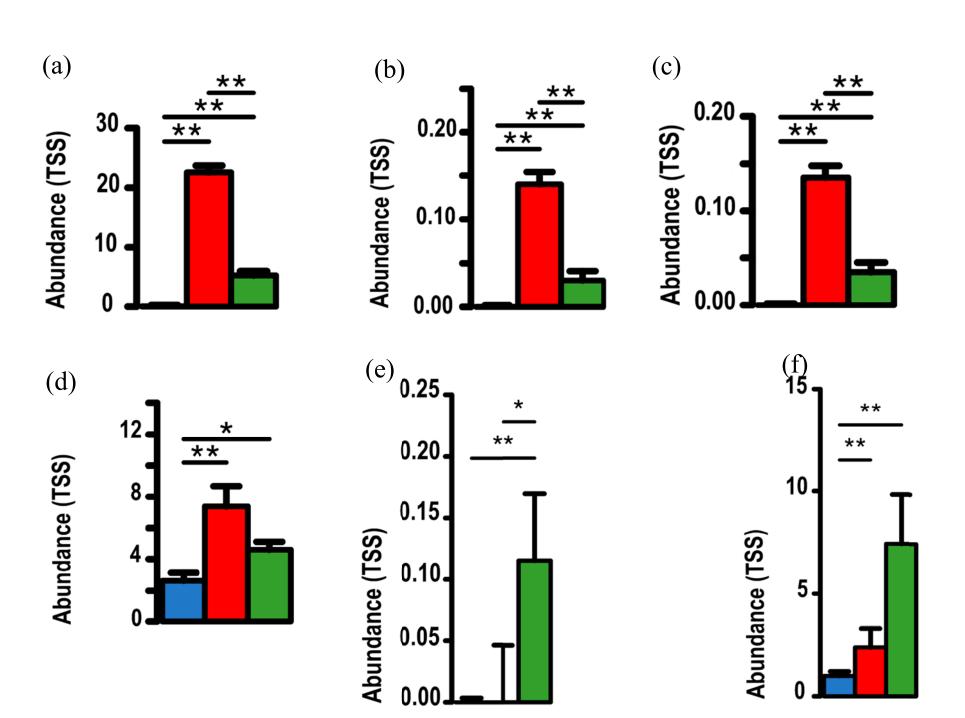


Fig. 3. (a) Unclustered bar chart for microbial composition in each diet group at phylum level (b) Rank test bar chart for relative abundance of microbial taxa at phylum level (c) Linear discriminant analysis (LDA) effect size (LEfSe) plot at phylum level. Statistical significance was determined by Kruskal-Wallis H test in Calypso (version 8.72) (\*p < 0.05; \*\*p < 0.01). Abbreviations: CON, control diet; XYO, commercial xylo-oligosaccharide (XOS) diet; BGS, sugarcane bagasse soluble fiber (BSF) diet.





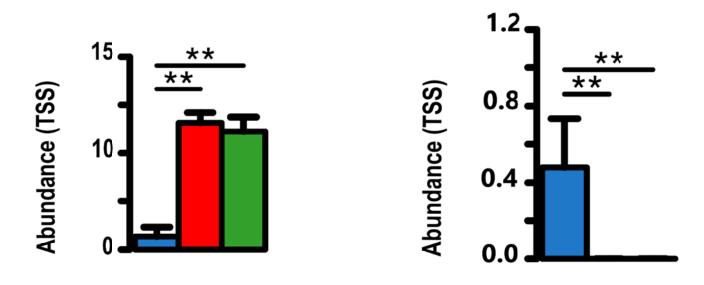


Fig. 4. Rank test bar charts for the relative abundance of selected microbial species in the rat cecal digesta. Relative abundances of (a) B. pseudolongum (b) B. adolescentis (c) unclassified Bifidobacterium (d) A. muciniphila (e) B. producta (f) unclassified Blautia (g) R. faecis and (h) C. perfringens in the three diet groups are presented here. Statistical significance was determined by Kruskal-Wallis H test in Calypso (version 8.72) (\*p < 0.05; \*\*p < 0.01). Abbreviations: CON, control diet; XYO, commercial xylo-oligosaccharide (XOS) diet; BGS, sugarcane bagasse soluble fiber (BSF) diet.

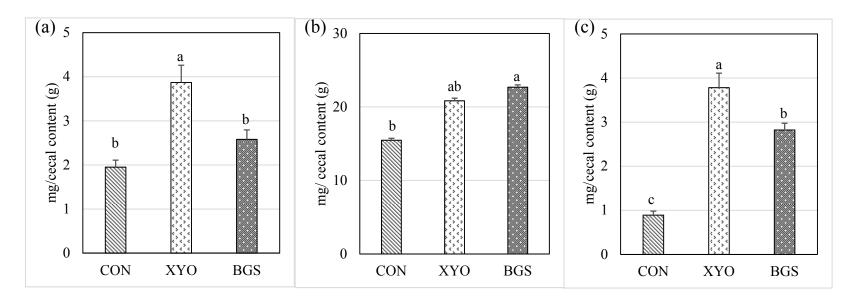


Fig. 5. (a) Mucin content, (b) Ammonia-nitrogen content and (c) IgA content in the rat cecal digesta. Values presented are mean Å} SE. a–c stand for significant differences at (p < 0.05) as determined by Tukey's test. Abbreviations: CON, control diet; XYO, commercial xylo-oligosaccharide (XOS) diet; BGS, sugarcane bagasse soluble fiber (BSF) diet.