



Porcine artery elastin preparation reduces serum cholesterol level in rats

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journal or publication title	Journal of Functional Foods
volume	1
number	4
page range	405-409
year	2009-10
URL	http://id.nii.ac.jp/1588/00000679/

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29 Running title: Porcine artery elastin reduces serum cholesterol

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1 **Abstract**

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3 The effect of porcine artery elastin on serum cholesterol level was investigated in rats fed
4 a cholesterol-free diet. Rats were fed for 4 weeks, with a diet (ED) containing 15%
5 casein and 5% of porcine artery elastin in comparison with a diet (CD) containing 20%
6 casein. The total serum and non-HDL-cholesterol concentrations were lower ($P<0.001$)
7 in ED-fed group than the CD-fed group at the end of the experiment. Caecal propionate
8 concentration and *Bifidobacterium* and *Lactobacillus* population were higher ($P<0.05$) in
9 ED-fed group than the CD-fed group. The results of this study suggest that porcine artery
10 elastin could be considered as a functional dietary protein with hypocholesterolaemic
11 ability. Favourable amino acid composition and lysine derived cross links may at least be
12 partially responsible for the hypocholesterolaemic ability of ED. Moreover, the higher
13 caecal propionic acid concentration in the ED-fed group may have suppressed the
14 cholesterol synthesis in the liver, and reduced the serum cholesterol level.

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1 **1. Introduction**

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3 In recent years, efforts have been made to introduce additional physiologically
4 functional properties into meat products (Fernandez et al., 2005; Jimenez et al., 2001;
5 Arihara, 2004). Utilization of functional ingredients is one approach for the development
6 of functional meat products. From previous studies it has been shown that pork peptides
7 have antithrombotic and antioxidative effects (Shimizu et al., 2009; Saiga et al., 2003).
8 Furthermore, the antioxidative activities of pepsin-solubilized elastin and acid-solubilized
9 elastin have been reported (Hattori et al., 1998). The influence of elastin peptides on
10 oxygen metabolism may be related to their activities *in vivo* following elastin degradation
11 and can contribute to their role in pathogenesis of atherosclerosis (Weglarz et al., 1992).
12 Although, the bioactive proteins such as hypocholesterolaemic agents have not been
13 utilized in the meat industry, meat products with such activity could open up a new
14 market. There are still some hurdles in developing and marketing novel functional meat
15 products since such products are unconventional and consumers in many countries
16 recognise meat and meat products to be bad for health. Along with accumulation of
17 scientific data, there is an urgent need to inform consumers of the exact functional value
18 of meat and meat products including novel functional foods. Elastin used in this study
19 was extracted from porcine arteries, which are waste products of the porcine industry.
20 Elastin is also primarily composed of the some favourable amino
21 acids glycine, valine, alanine, and proline, which could play a considerable effect on lipid
22 metabolism (Sandberg et al.,1981). This hypothesis may be supported by previous
23 findings showing that dietary proteins with favourable amino acid composition reduced
24 the serum cholesterol level in rats (Morita et al., 1997; Gudbrandsen et al., 2005). The
25 other characteristic feature of the amino acid composition of porcine elastin preparation is
26 the presence of lysine derived cross links: desmosine and isodesmosine as described
27 previously by Thomas et al. (1963). In this study we investigated the effect of porcine
28 artery elastin preparation on lipid metabolism in rats fed on a cholesterol-free diet.

1 **2. Materials and methods**

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3 2.1. Animals and diets

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5 **Seven** weeks old **male** Fischer rats (162.08 ± 4.62 g) were purchased from Charles River
6 Japan Inc. (Yokohama, Japan). They were housed individually in cages with free access
7 to food and water. The animal facility was maintained on a 12 h light/dark cycle at a
8 temperature of 23 ± 1 °C and relative humidity of 60 ± 5 %. The rats were randomly
9 assigned into two groups ($n=5$). The composition of each diet is shown in Table 1. The
10 experimental rats were fed for 4 weeks, with 20% casein diet (CD), in comparison with
11 diet containing 15% casein and 5% of elastin (ED). The elastin protein preparation "P-
12 elastin" was a kind gift from the Nippon Meat Packers, **Inc.** (Tsukuba, Japan). Amino
13 acid composition of the "P-elastin" is shown in Table 2, which is similar to that of pig
14 (Foster et al.1980). The rats were allowed free access to food and water for 4 weeks.
15 Body weight and food consumption were recorded weekly and daily, respectively. This
16 experimental design was approved by the Animal Experiment Committee of Obihiro
17 University of Agriculture and Veterinary Medicine. All animal procedures conformed to
18 standard principles described in Guide for the care and Use of Laboratory Animals
19 (National research council, Washington DC,1985).

20
21 2.2. Analytical procedures

22
23 Blood samples (1 ml) were collected between 08.00 and 10.00 **h** from the jugular vein
24 of fasting rats anaesthetised by sodium pentobarbital. The samples were taken into tubes
25 without an anticoagulant. After the samples were allowed to stand at room temperature
26 for 2 h, the sera were separated by centrifugation at 1500 g for 20 min. All faecal
27 excretions were collected during the last 3 **days** of the experimental period (4 weeks). At
28 the end of the experiment, the rats were anaesthetised with sodium pentobarbital and
29 killed. The livers and caecum were quickly removed, washed with cold saline (**9** g
30 NaCl/l), blotted dry on filter paper, and weighed before freezing for storage.

2.3. Chemical analysis

Total cholesterol (TC), HDL-cholesterol (HDL-C), and triacylglycerol (TG) concentrations in the serum were determined enzymatically using commercially available reagent kits (assay kits for the TDX system; Abbott laboratory Co., Irving, TX). The non-HDL-cholesterol concentration was calculated as follows: non-HDL-cholesterol = total cholesterol - HDL-cholesterol. Total lipids were extracted from liver and faeces by a mixture of chloroform/methanol (2:1, v/v) (Folch et al., 1957). The neutral sterols in each lipid sample obtained by saponification were acetylated (Matsubara et al., 1990) and analyzed by gas-liquid chromatography (GLC) using a Shimadzu 14A chromatograph (Kyoto, Japan) with a DB17 capillary column (0.25 mm×30 m; J&W Scientific, Folsom, CA) with nitrogen as the carrier gas. Acidic sterols in faeces were measured by GLC following the method of Grundy et al. (1965). A part of the caecal content was taken out into desalting water in a vial without exposure to air, and suspended. The suspension of caecum was deproteinized with perchloric acid and to form sodium salts of the short chain fatty acids (SCFAs). Individual SCFAs were measured by GLC using a glass column (2000 x 3 mm) packed with 80–100 mesh chromosorb W-AW DMCS with H₃PO₄ (100 ml/l) as the liquid phase after adding H₃PO₄ by the procedure of Hara et al. (1994).

2.4. RNA isolation, RT-PCR and Southern blot analysis

RNA isolation, semi-quantitative RT-PCR and Southern blot analysis were done as described previously (Chomczynski and Sacchi, 1987, Han et al. 2005, Ruvini et al. 2007). The mRNAs encoding the LDL receptor, cholesterol 7 α -hydroxylase, 5-hydroxy-3-methylglutaryl-coenzyme A reductase, sterol regulatory elementary binding protein -1c, fatty acid synthase, and GAPDH (used as an invariant control) were analyzed.

2.5. Growth of bacteria in the caecum

Coliform in the caecum was inoculated and grown for 2 days on DHL agar (Eiken

1 Chemical Co., Ltd, Tokyo, Japan) plates at 37 °C. Anaerobe, *Lactobacillus* and
2 *Bifidobacterium* in the caecum were incubated for 5 days on GAM agar (Nissui
3 Pharmaceutical Co., Ltd, Tokyo, Japan), Rogosa agar (Merck KGaA, Darmstadt,
4 Germany) and BL agar (Eiken Chemical Co., Ltd, Tokyo, Japan) at 37 °C by the gaspak
5 method according to the procedure of Mitsuoka et al. (1964, 1965, 1976).

6 7 2.6. Statistical analysis

8
9 Data are presented as means \pm SD for five rats. The significance of difference between
10 two groups was determined by student's t-test. Difference was considered significant at
11 $P < 0.05$, and $P < 0.001$.

12 13 14 **4. Results and discussion**

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16 In this study, we examined the effect of porcine artery elastin preparation on serum
17 lipids, liver cholesterol, faecal lipids, caecal lipids, caecal bacterial population, and
18 hepatic mRNAs in rats. There was no significant difference in the food intake, body
19 weight gain, liver weight, caecal weight, faecal dry weight and hepatic mRNAs between
20 two groups at the end of the experimental period (data not shown). The lower serum TC
21 and non-HDL-C level in ED-fed group (Table 3) at the end of the 4-week feeding period
22 suggest that elastin may have acted as a functional protein and modulated the cholesterol
23 metabolism in rats. However, serum TC, non-HDL, and HDL-C concentration were
24 lower ($P < 0.05$) at the beginning of the experiment (Table 3). The reason for the different
25 serum cholesterol levels at week 0 may simply be the current variability between animals.
26 Feeding ED for 4-weeks reduced the TC and non-HDL-C levels to the extent that they
27 were significantly different at $P < 0.001$. Moreover, feeding ED for 4-weeks eliminated
28 the difference in HDL-C level observed at the 0-week. Lower serum cholesterol level in
29 ED-fed group may be supported by the favourable amino acid composition as shown
30 previously for some other dietary proteins in rats (Morita et al., 1997; Gudbrandsen et al.,
31 2005). Elastin is known to have a highly distinctive amino acid composition, especially

1 very low methionine to glycine ratio, may be one of the major reasons for lower serum
2 cholesterol level in this study. Lower methionine level or lower methionine to glycine
3 ratio in elastin might have hindered the transfer of cholesterol from liver into blood
4 stream (Morita et al., 1997). In fact, the lower methionine level may reduce
5 phosphatidylcholine synthesis via phosphatidylethanolamine, leading to depression of
6 apolipoprotein release into circulation (Morita et al., 1997). The lower lysine to arginine
7 ratio in elastin compared to casein may be the reason for lower atherogenic index which
8 is considered to be a risk indicator for cardiovascular diseases (Kritchevsky et al., 1982).
9 Moreover, the presence of lysine derived cross links: desmosine and isodesmosine may at
10 least be partially responsible for hypocholesterolaemic ability of porcine artery elastin.
11 Other than amino acid composition, elastin peptides or specific peptide fragments
12 released during the elastin digestion may also be partially responsible for the observed
13 effects as suggested previously (Korhonen and Pihlanto, 2003).

14 The faecal coprostanol and neutral sterol concentration was lower ($P<0.05$) in ED-fed
15 group than that in the CD-fed group at the end of the 4-week experimental period (Table
16 4). Lower serum cholesterol level in ED-fed group was not supported by faecal sterol
17 excretion and hepatic mRNA expression. However, the higher propionic acid
18 concentration in the caecum (Table 4) may at least be partially responsible for the lower
19 serum cholesterol level in ED-fed group as shown previously (Anderson and Bridges,
20 1984; Nishina and Freedland, 1990). Higher caecal propionic acid concentration in ED-
21 fed group was further supported by the lower ($P<0.05$) caecal pH [6.71 ± 0.16 (ED),
22 7.18 ± 0.28 (CD)] and higher *Bifidobacterium* and *Lactobacillus* population (Table 5). It
23 was suggested that protein was one of the major substrates for caecal fermentation in rats
24 when animal protein based diet was fed (Tsukahara and Ushida, 2000).

25 In conclusion, elastin could be considered as a functional dietary protein with
26 hypocholesterolaemic ability. Favourable amino acid composition and lysine derived
27 cross links may at least be partially responsible for the hypocholesterolaemic ability of
28 porcine artery elastin. Moreover, the elastin have induced caecal fermentation and
29 resulting higher caecal propionic acid concentration may have suppressed the cholesterol
30 synthesis in the liver, and reduced the serum cholesterol level.

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1 Acknowledgements

2 This research was partially supported by a grant from the Cooperation of Innovative
3 Technology and Advanced Research in Evolutional Area (CITY AREA).

4

5 Appendix

6 CD; casein diet, ED; porcine artery elastin diet, TC; total cholesterol, HDL-C; High
7 density lipoprotein cholesterol, TG; Triacylglycerol, SCFA; short chain fatty acid

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Table 1. Composition of experimental diets

Ingredients	Dietary group ^a	
	CD	ED
	<i>g/kg diet</i>	
Casein	200	150
Elastin	-	50
Soybean oil	70	70
Mineral mixture ^b	35	35
Vitamin mixture ^c	10	10
Cellulose powder	50	50
Sucrose	100	100
L-cystine	3	3
Choline hydrogen tartrate	2.5	2.5
3-Butylhydroquinone	0.014	0.014
α -Corn starch	529.486	529.486

^aCD, Casein diet; ED, Elastin diet

^bAIN-93G mineral mixture

^cAIN-93G vitamin mixture

Table 2. Amino acid composition of porcine artery elastin preparation

Amino acids	Volume basis (v/v%)	Weight basis (w/w%)
Hydroxyproline	0.80	1.07
Aspartic acid	0.61	0.83
Threonine	1.14	1.37
Serine	0.96	0.99
Glutamic acid	2.14	3.28
Proline	11.11	12.80
Glycine	33.52	22.69
Alanine	23.09	19.47
Valine	12.41	14.59
Methionine	0.04	0.07
Isoleucine	1.81	2.43
Leucine	5.74	7.70
Tyrosine	1.72	3.34
Phenylalanine	3.15	5.51
Lysine	0.88	1.33
Arginine	0.68	1.26
Isodesmosine	0.08	0.53
Desmosine	0.12	0.74

Table 3. Serum total cholesterol, non-HDL- cholesterol, HDL-cholesterol, triacylglycerol concentrations and atherogenic index in rats fed experimental diets for 4 weeks

Dietary group	Wk0	Wk2	Wk4
Total cholesterol		<i>mmol/l</i>	
CD	1.79±0.13	1.70±0.15	2.08±0.09
ED	1.57±0.12 *	1.54±0.10	1.72±0.13 * *
HDL-cholesterol			
CD	0.80±0.06	0.55±0.02	0.72±0.03
ED	0.72±0.04 *	0.57±0.04	0.70±0.05
non -HDL-cholesterol			
CD	0.99±0.09	1.14±0.14	1.36±0.08
ED	0.85±0.09 *	0.97±0.09	1.02±0.10 * *
Triacylglycerol			
CD	0.68±0.10	1.17±0.25	1.28±0.27
ED	0.58±0.14	0.84±0.27	1.04±0.35
Atherogenic index ^a			
CD	1.25±0.10	2.06±0.23	1.94±0.26
ED	1.18±0.09	1.71±0.20 *	1.43±0.10 *

Values are expressed as means ± SD for five rats. **P* < 0.05 vs. control by student's *t*-test.

•* *P* < 0.001 vs. control by student's *t*-test. CD, Casein diet; ED, Elastin diet.

•^a Atherogenic index =(LDL-cholesterol/HDL-cholesterol)

Table 4. Faecal neutral steroid and caecal short chain fatty acid concentrations in rats fed experimental diets for 4 weeks

	Dietary group	
	CD	ED
Faecal lipids		
Faecal cholesterol ($\mu\text{mol}/\text{faeces 1g}$)	4.96 \pm 0.99	5.05 \pm 1.25
Faecal coprostanol ($\mu\text{mol}/\text{faeces 1g}$)	12.76 \pm 3.99	5.28 \pm 3.81 *
Faecal neutral sterol ($\mu\text{mol}/\text{faeces 1g}$)	17.72 \pm 4.62	10.32 \pm 4.22 *
Caecal lipids		
Caecal acetate($\mu\text{mol}/\text{rat}$)	0.052 \pm 0.015	0.095 \pm 0.049
Caecal propionate($\mu\text{mol}/\text{rat}$)	0.021 \pm 0.009	0.035 \pm 0.008 *
Caecal butyrate($\mu\text{mol}/\text{rat}$)	0.017 \pm 0.007	0.020 \pm 0.005
Caecal SCFA($\mu\text{mol}/\text{rat}$)	0.090 \pm 0.030	0.149 \pm 0.058

Values are expressed as means \pm SD for five rats. * $P < 0.05$ vs. control by student's t -test.

SCFA; short chain fatty acids; CD, Casein diet; ED, Elastin diet

Table 5. Caecal bacterial population in rats fed experimental diets for 4 weeks

Dietary group	CD	ED
	log ₁₀ cfu/g wet caecum	
<i>Bifidobacterium</i>	4.74±1.21	6.15±0.41*
<i>Lactobacillus</i>	4.19±0.66	5.57±0.41*
Anaerobe	6.27±0.06	7.44±0.28

Values are expressed as means ± SD for five rats.

**P* < 0.05 vs. control by student's *t*-test.

CD, Casein diet; ED, Elastin diet.